

Lil
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Ramadan JOURNAL

Daily Reflection Journal



This **J**ournal belongs to

Date of the first day of Ramadan

My **R**amadan goals

1


2

3





About this Journal



The purpose of this free Lil Muslims Ramadan Journal is to help encourage children to make the most of this holy month, set goals for self improvement and to guide them to do as many good deeds as possible in this blessed month.

We hope this free resource is of benefit to your lil ones.

Please keep us in your prayers.

The Lil Muslims Team



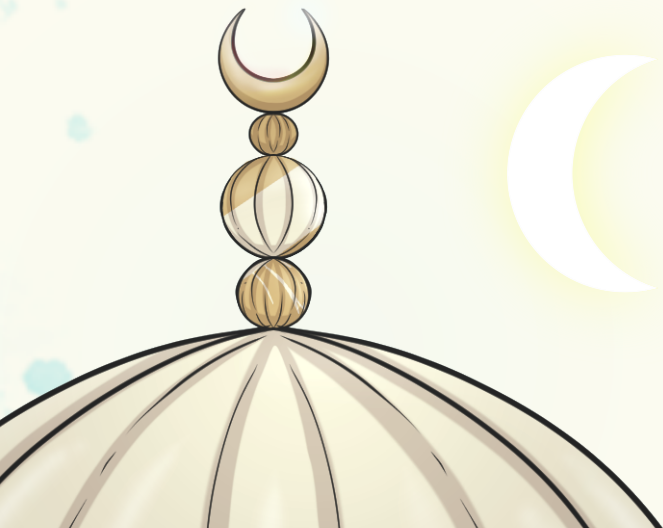
Importance of RAMADAN

Ramadan is one of the 5 pillars of Islam. It is the 9th month in the Islamic lunar calendar.

Ramadan is a month where Muslims all around the world fast from sunrise to sunset; this means we do not eat or drink at all!

We fast because:

- It brings us closer to Allah by making us focus more on worshipping Him.
- It helps us control ourselves from eating, using bad language and bad actions.
 - We remember people who are less fortunate.
 - It teaches us to be grateful for what we have.



Ramadan DAY 1



SUHOOR TIME:.....



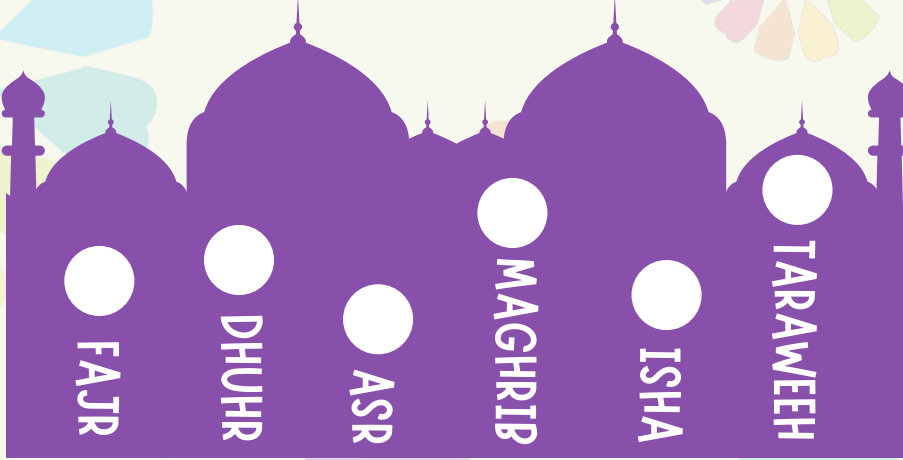
IFTAR TIME:.....



QUR'AN READING

I read Surah/Ayah:

PRAYER TRACKER



MY DHIKR

Today I did the following Dhikr

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MY GRATITUDE

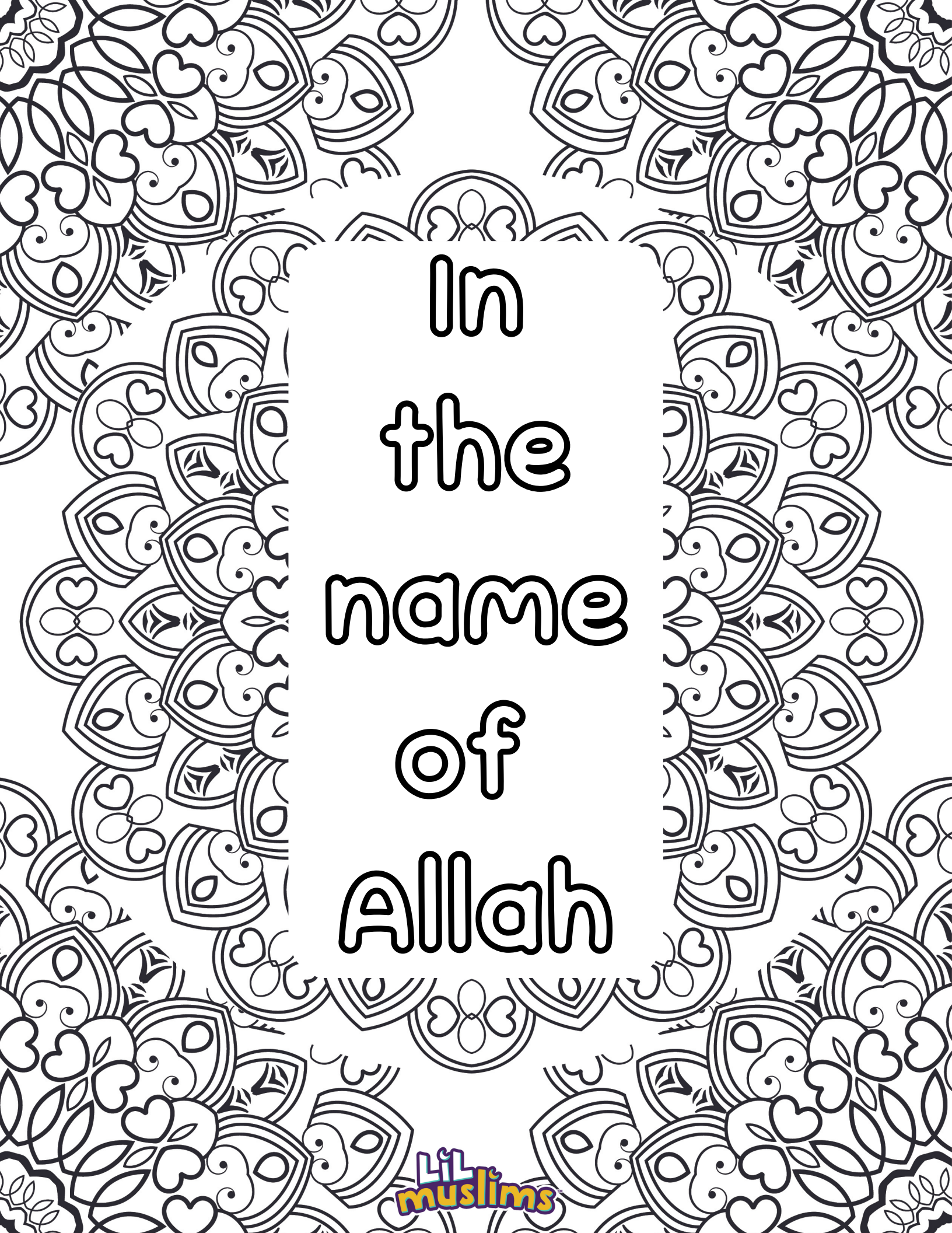
Today I am grateful for:

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MY GOOD DEEDS TODAY



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In
the
name
of
Allah

Ramadan DAY 2



SUHOOR TIME:.....



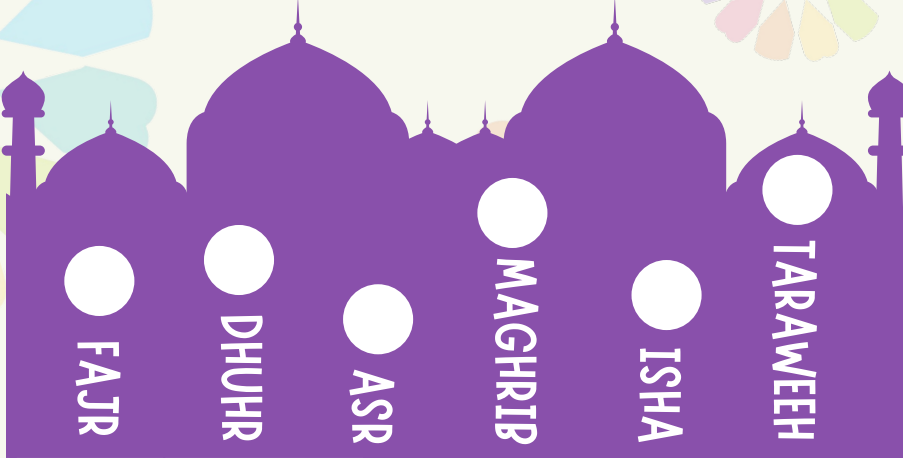
IFTAR TIME:.....



QUR'AN READING

I read Surah/Ayah:

PRAYER TRACKER



MY DHIKR

Today I did the following Dhikr

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MY GRATITUDE

Today I am grateful for:

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MY GOOD DEEDS TODAY



Ramadan DAY 3



SUHOOR TIME:.....



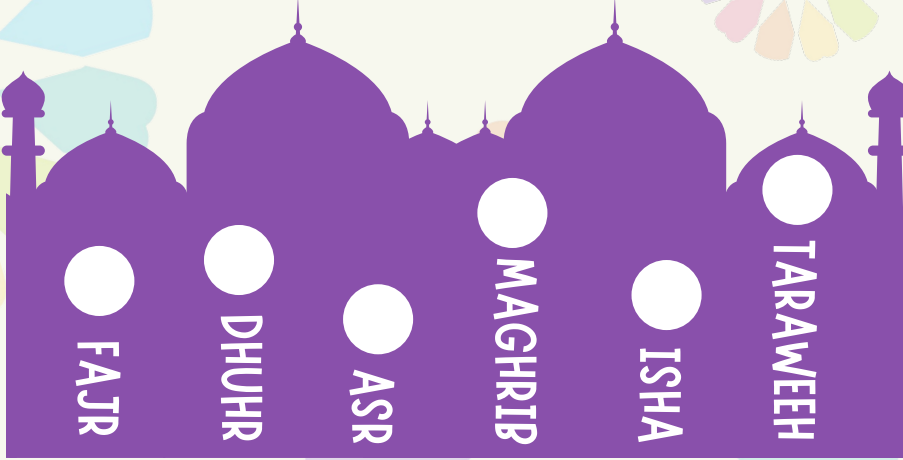
IFTAR TIME:.....



QUR'AN READING

I read Surah/Ayah:

PRAYER TRACKER



MY DHIKR

Today I did the following Dhikr

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MY GRATITUDE

Today I am grateful for:

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MY GOOD DEEDS TODAY



Ramadan DAY 4



SUHOOR TIME:.....



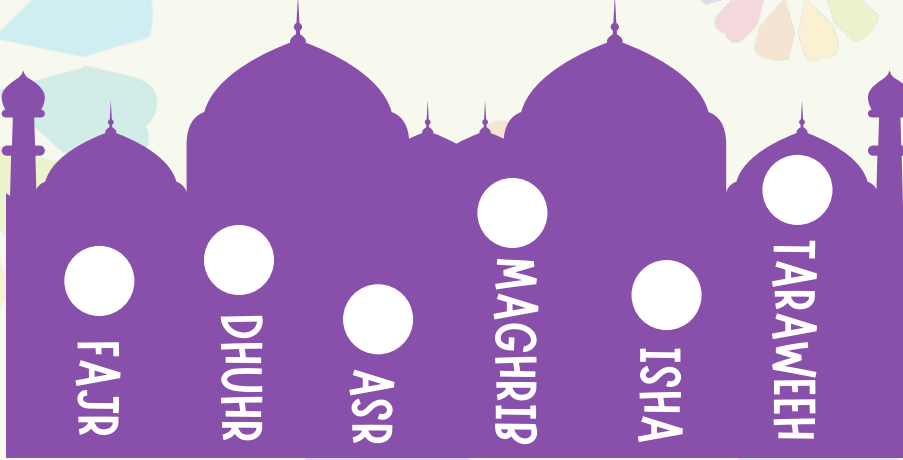
IFTAR TIME:.....



QUR'AN READING

I read Surah/Ayah:

PRAYER TRACKER



MY DHIKR

Today I did the following Dhikr

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MY GRATITUDE

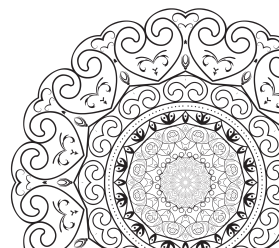
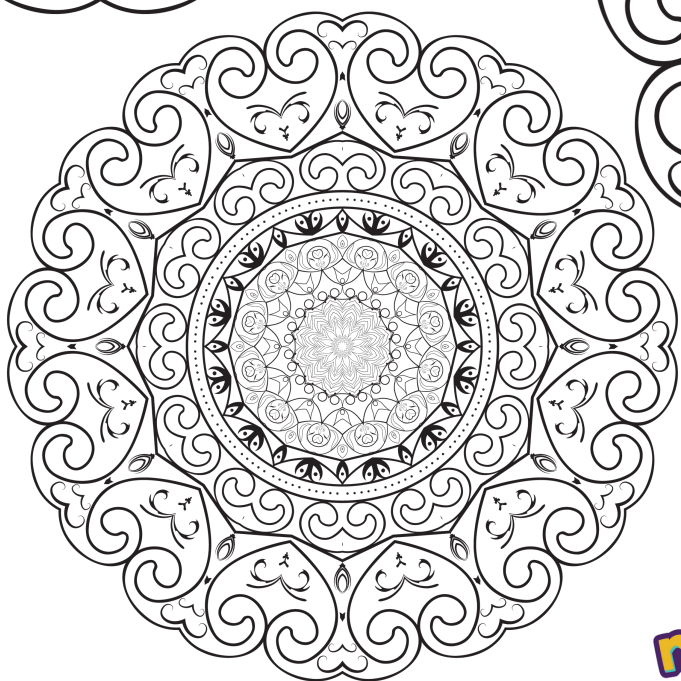
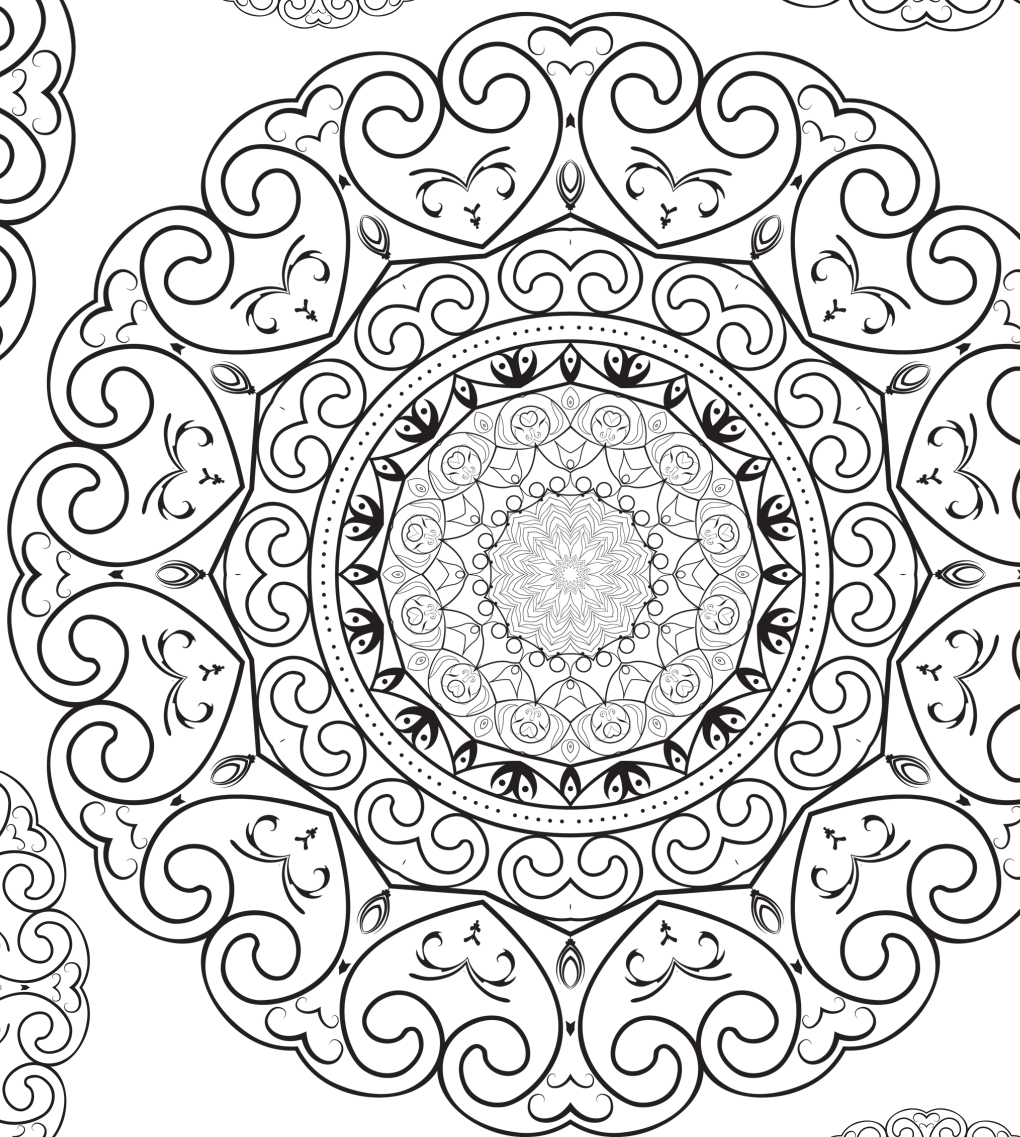
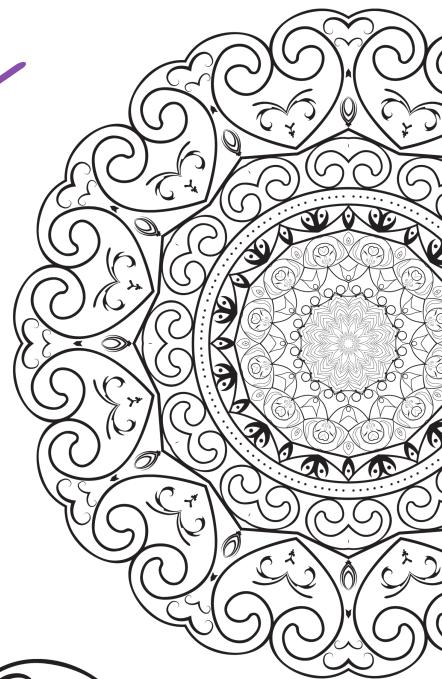
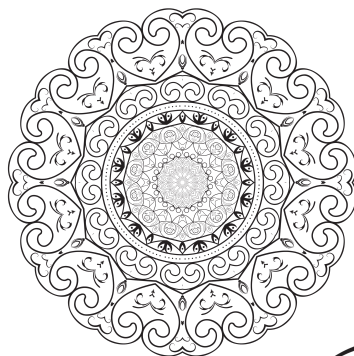
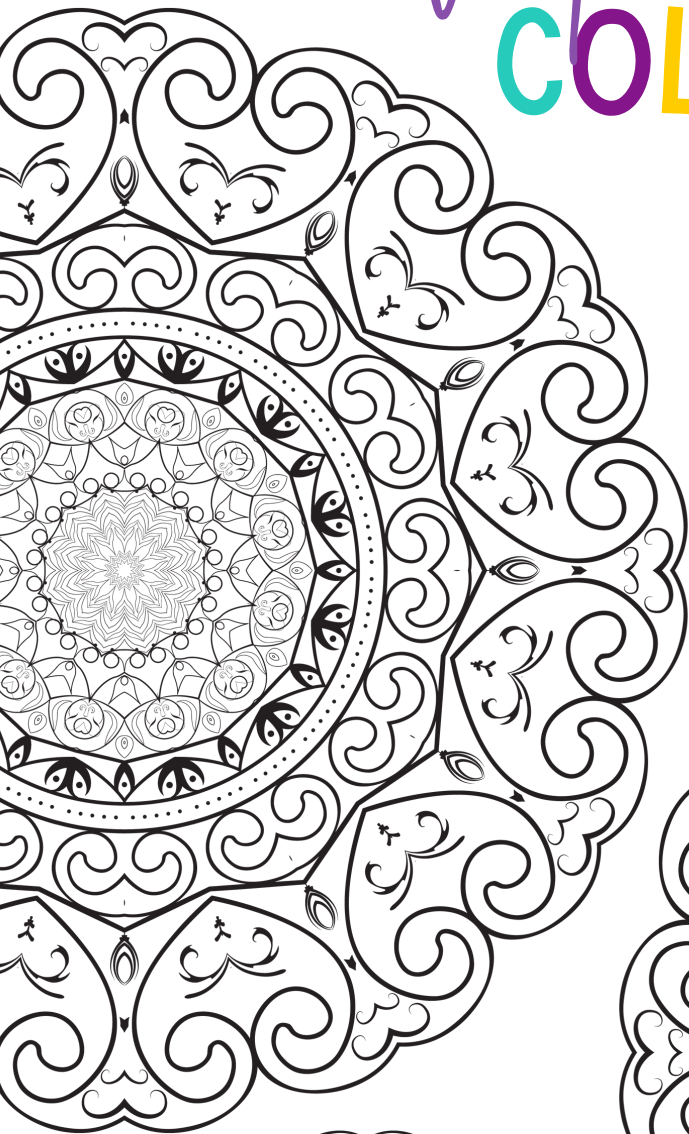
Today I am grateful for:

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MY GOOD DEEDS TODAY



Mindfulness COLOURING



Ramadan DAY 5



SUHOOR TIME:.....



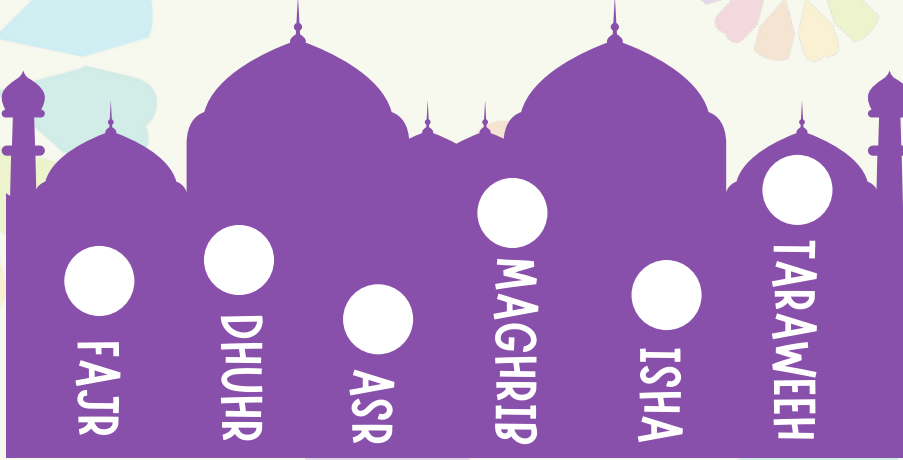
IFTAR TIME:.....



QUR'AN READING

I read Surah/Ayah:

PRAYER TRACKER



MY DHIKR

Today I did the following Dhikr

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MY GRATITUDE

Today I am grateful for:

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MY GOOD DEEDS TODAY



Ramadan DAY 6



SUHOOR TIME:.....



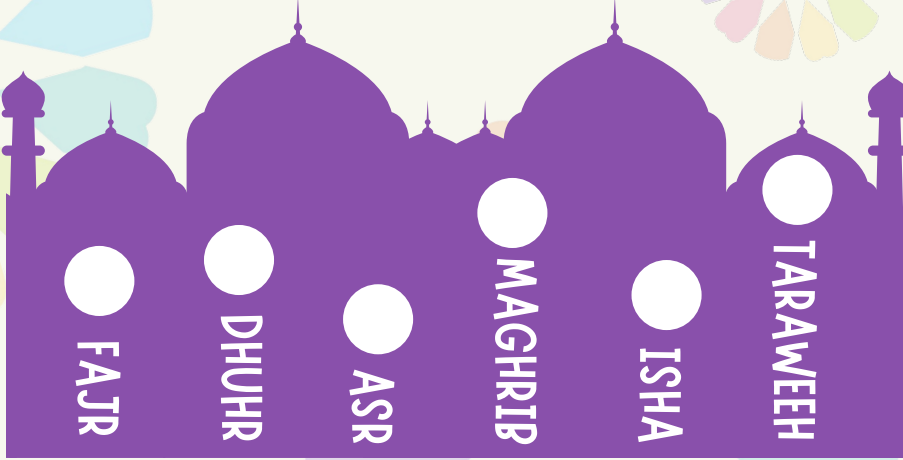
IFTAR TIME:.....



QUR'AN READING

I read Surah/Ayah:

PRAYER TRACKER



MY DHIKR

Today I did the following Dhikr

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MY GRATITUDE

Today I am grateful for:

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MY GOOD DEEDS TODAY



Creations of Allah

COLOURING



Ramadan DAY 7



SUHOOR TIME:.....



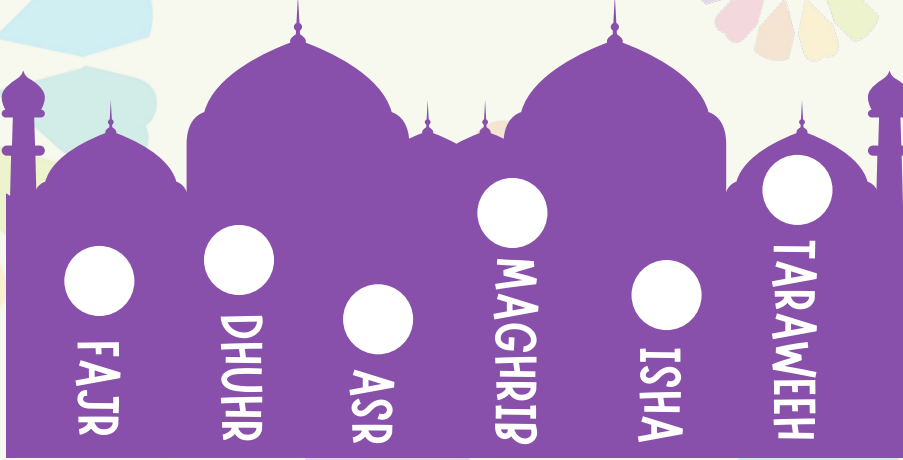
IFTAR TIME:.....



QUR'AN READING

I read Surah/Ayah:

PRAYER TRACKER



MY DHIKR

Today I did the following Dhikr

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MY GRATITUDE

Today I am grateful for:

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MY GOOD DEEDS TODAY



Ramadan DAY 8



SUHOOR TIME:.....



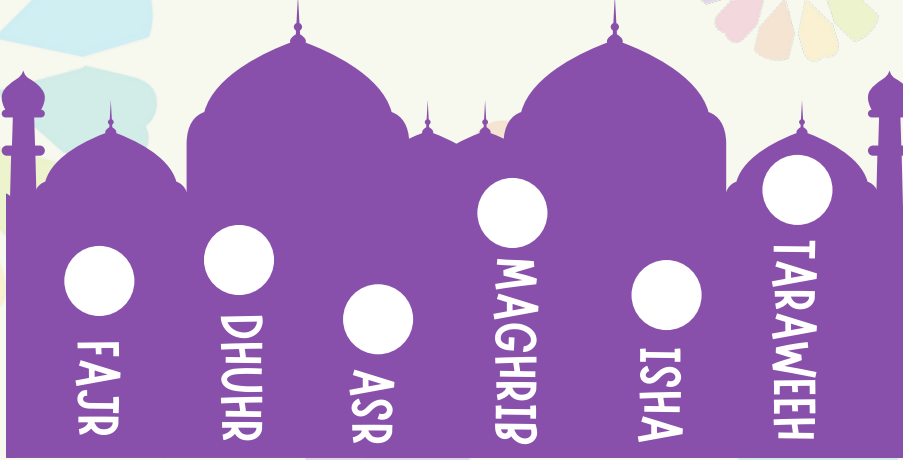
IFTAR TIME:.....



QUR'AN READING

I read Surah/Ayah:

PRAYER TRACKER



MY DHIKR

Today I did the following Dhikr

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MY GRATITUDE

Today I am grateful for:

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MY GOOD DEEDS TODAY



Ramadan DAY 9



SUHOOR TIME:.....



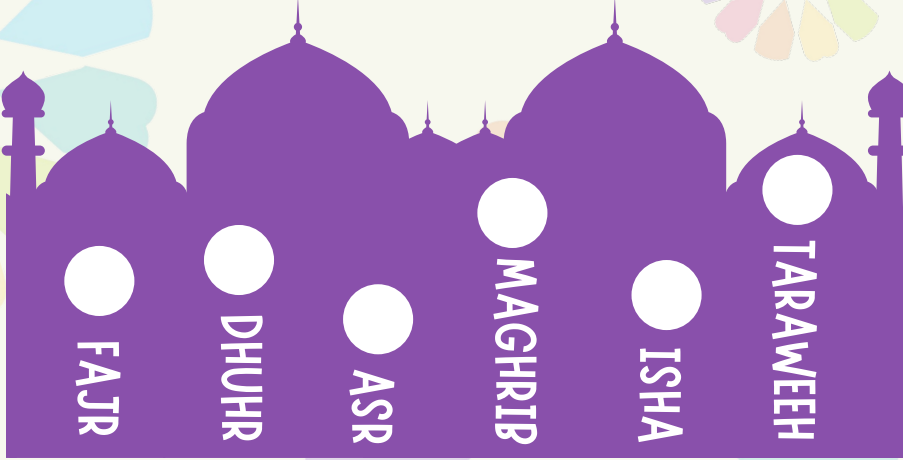
IFTAR TIME:.....



QUR'AN READING

I read Surah/Ayah:

PRAYER TRACKER



MY DHIKR

Today I did the following Dhikr

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MY GRATITUDE

Today I am grateful for:

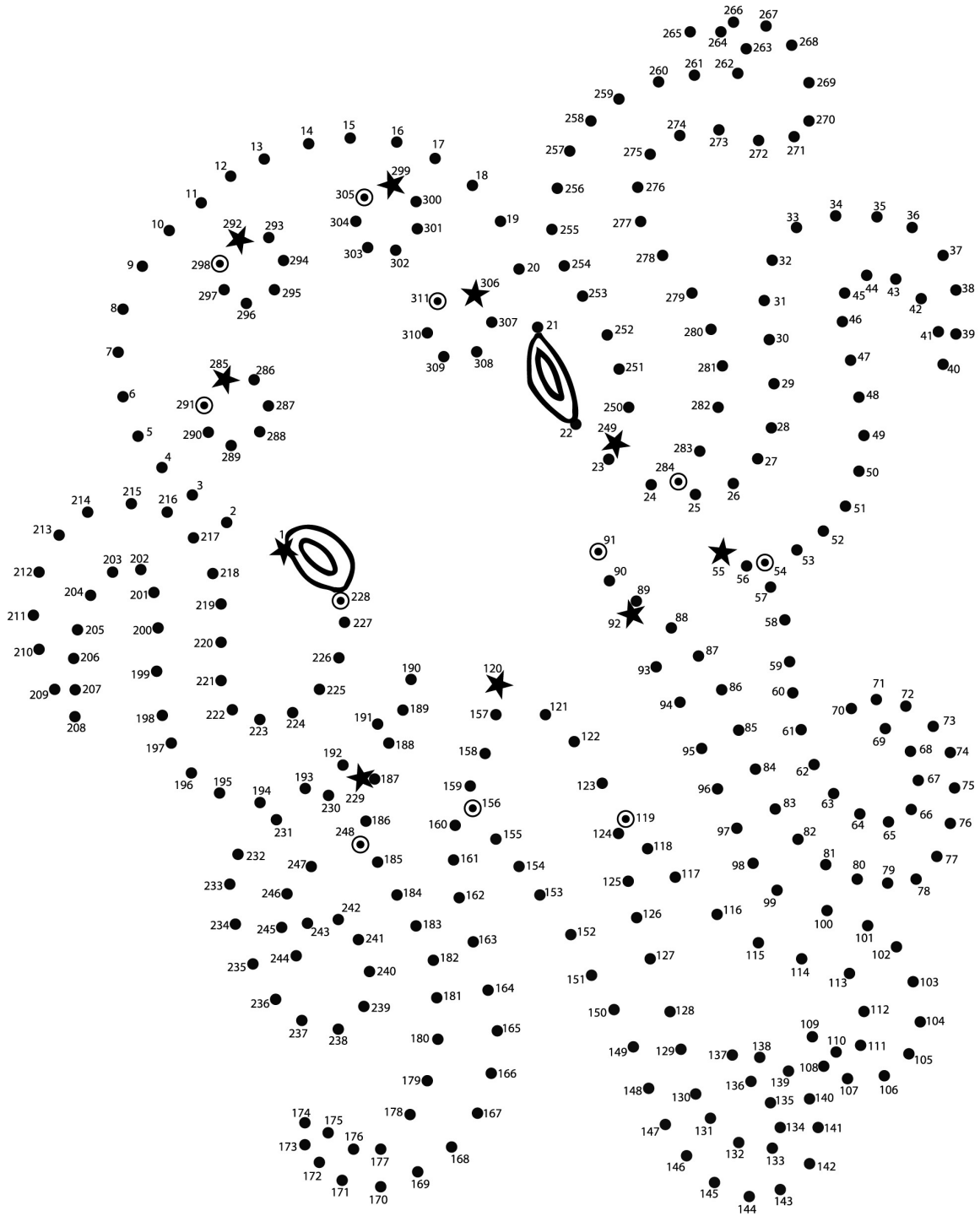
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MY GOOD DEEDS TODAY



Creations of Allah

DOT-TO-DOT



Ramadan DAY 10



SUHOOR TIME:.....



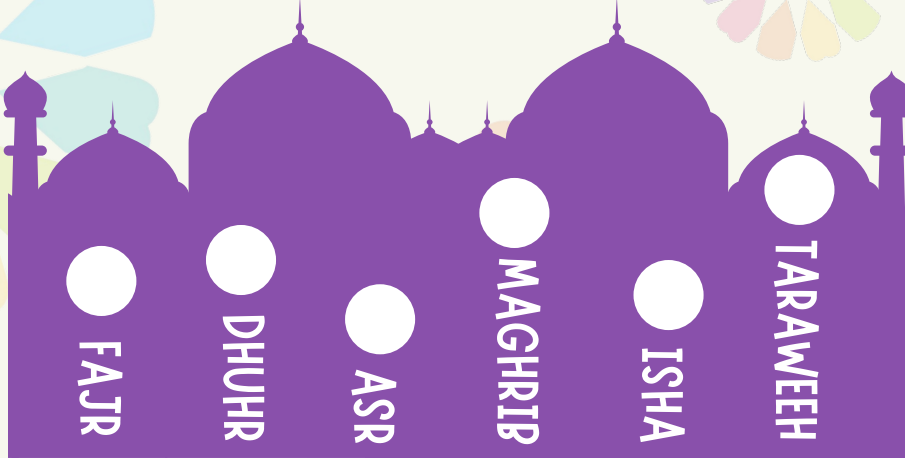
IFTAR TIME:.....



QUR'AN READING

I read Surah/Ayah:

PRAYER TRACKER



MY DHIKR

Today I did the following Dhikr

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MY GRATITUDE

Today I am grateful for:

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MY GOOD DEEDS TODAY



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Ramadan DAY 11



SUHOOR TIME:.....



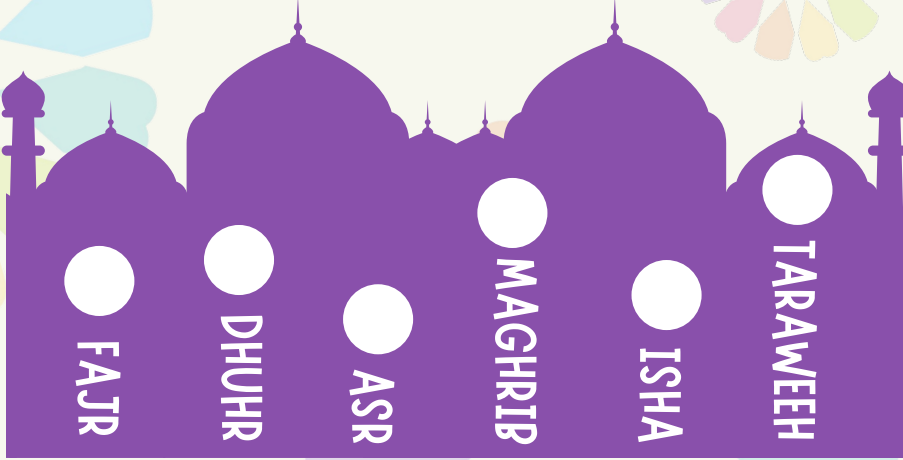
IFTAR TIME:.....



QUR'AN READING

I read Surah/Ayah:

PRAYER TRACKER



MY DHIKR

Today I did the following Dhikr

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MY GRATITUDE

Today I am grateful for:

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MY GOOD DEEDS TODAY



Ramadan DAY 12



SUHOOR TIME:.....



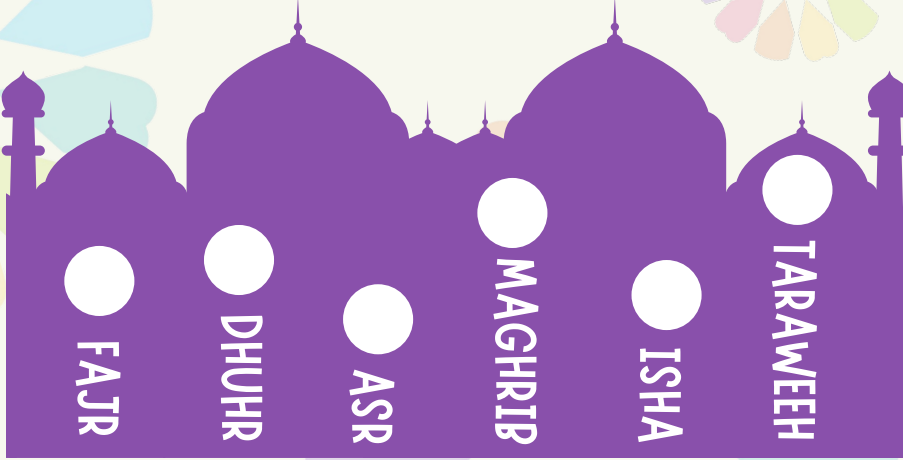
IFTAR TIME:.....



QUR'AN READING

I read Surah/Ayah:

PRAYER TRACKER



MY DHIKR

Today I did the following Dhikr

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MY GRATITUDE

Today I am grateful for:

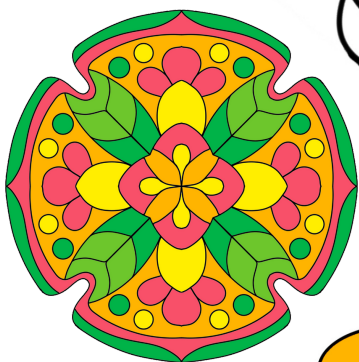
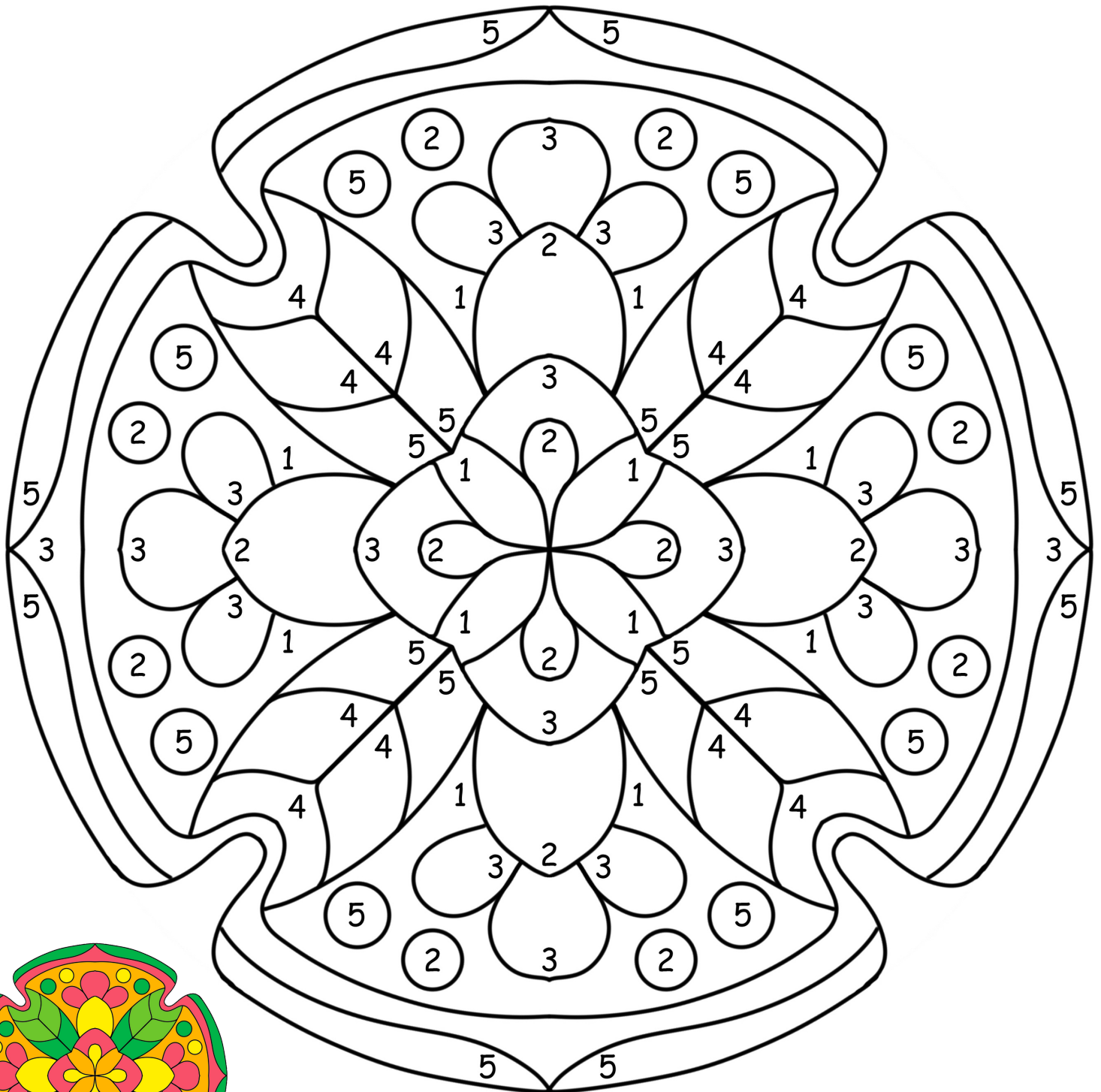
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MY GOOD DEEDS TODAY



Mindfulness

COLOUR BY NUMBERS



Ramadan DAY 13



SUHOOR TIME:.....



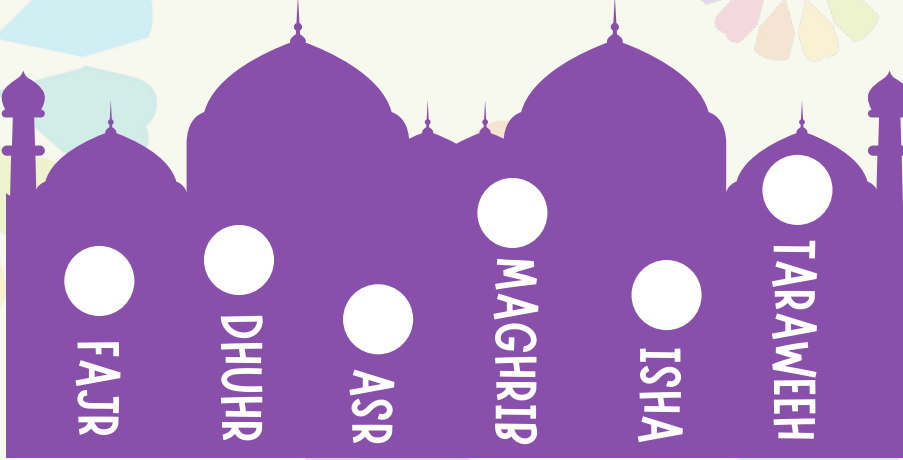
IFTAR TIME:.....



QUR'AN READING

I read Surah/Ayah:

PRAYER TRACKER



MY DHIKR

Today I did the following Dhikr

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MY GRATITUDE

Today I am grateful for:

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MY GOOD DEEDS TODAY



Ramadan DAY 14



SUHOOR TIME:.....



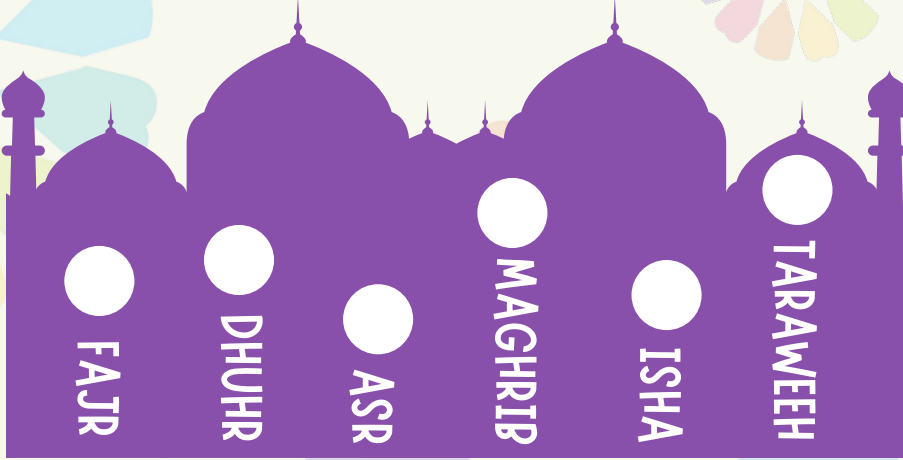
IFTAR TIME:.....



QUR'AN READING

I read Surah/Ayah:

PRAYER TRACKER



MY DHIKR

Today I did the following Dhikr

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MY GRATITUDE

Today I am grateful for:

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MY GOOD DEEDS TODAY



Ramadan DAY 15



SUHOOR TIME:.....



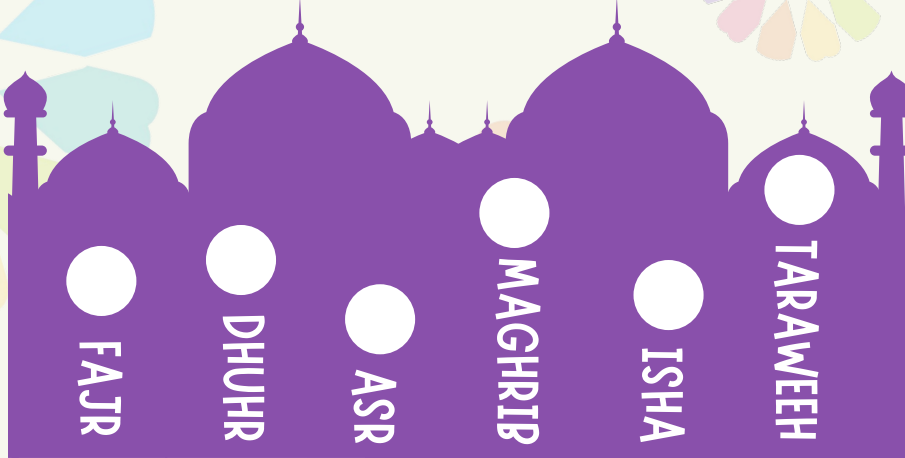
IFTAR TIME:.....



QUR'AN READING

I read Surah/Ayah:

PRAYER TRACKER



MY DHIKR

Today I did the following Dhikr

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MY GRATITUDE

Today I am grateful for:

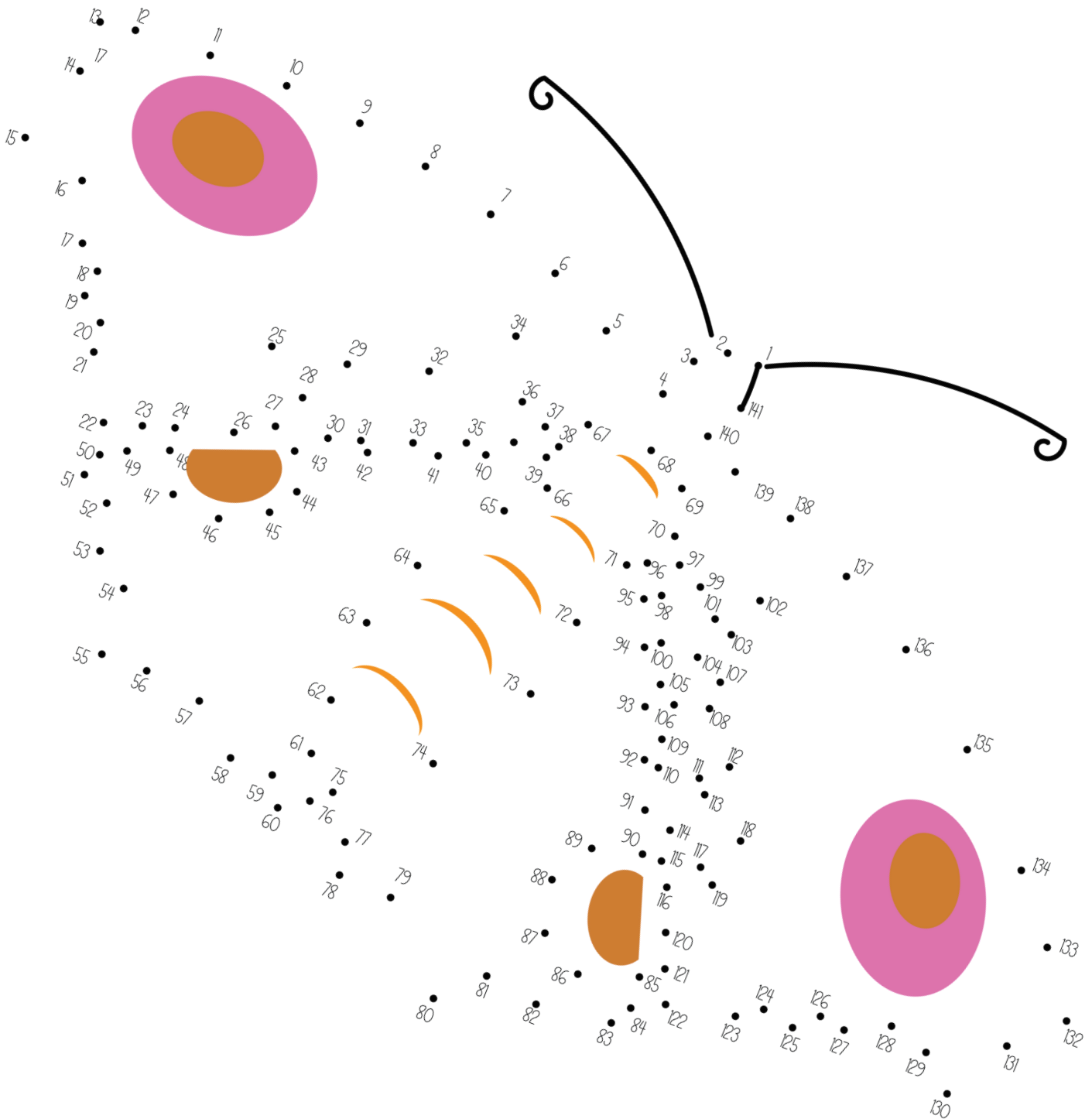
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MY GOOD DEEDS TODAY



Creations of Allah

DOT-TO-DOT



Ramadan DAY 16



SUHOOR TIME:.....



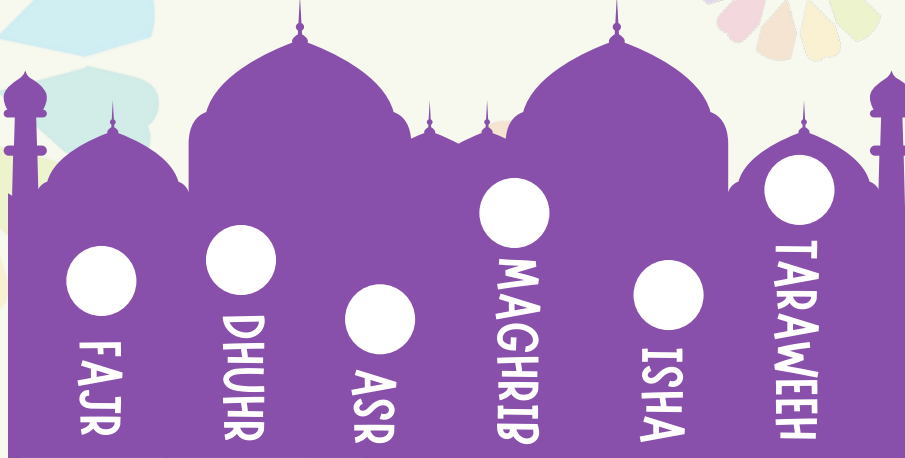
IFTAR TIME:.....



QUR'AN READING

I read Surah/Ayah:

PRAYER TRACKER



MY DHIKR

Today I did the following Dhikr

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MY GRATITUDE

Today I am grateful for:

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MY GOOD DEEDS TODAY



Ramadan DAY 17



SUHOOR TIME:.....



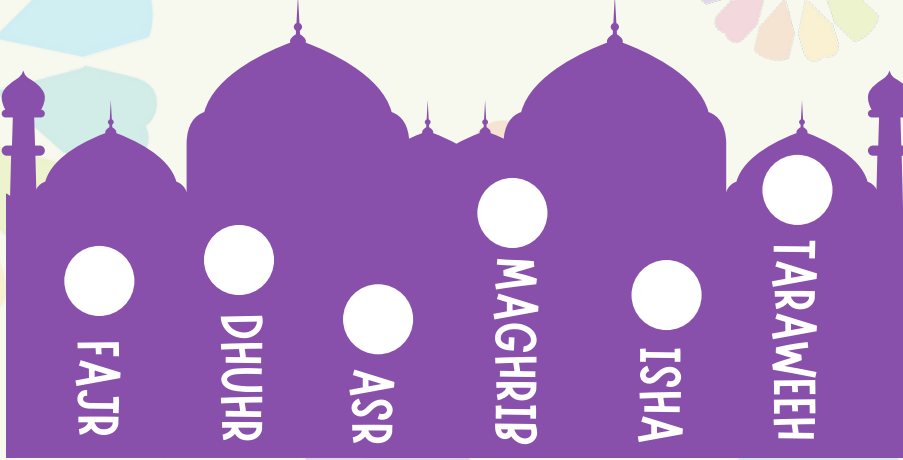
IFTAR TIME:.....



QUR'AN READING

I read Surah/Ayah:

PRAYER TRACKER



MY DHIKR

Today I did the following Dhikr

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MY GRATITUDE

Today I am grateful for:

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MY GOOD DEEDS TODAY



Ramadan DAY 18



SUHOOR TIME:.....



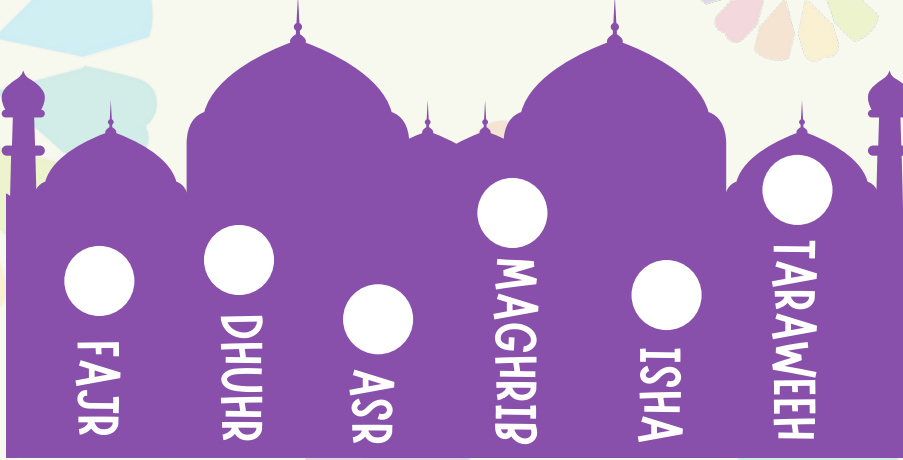
IFTAR TIME:.....



QUR'AN READING

I read Surah/Ayah:

PRAYER TRACKER



MY DHIKR

Today I did the following Dhikr

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MY GRATITUDE

Today I am grateful for:

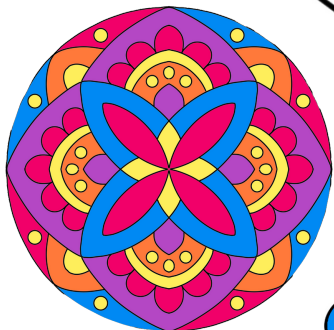
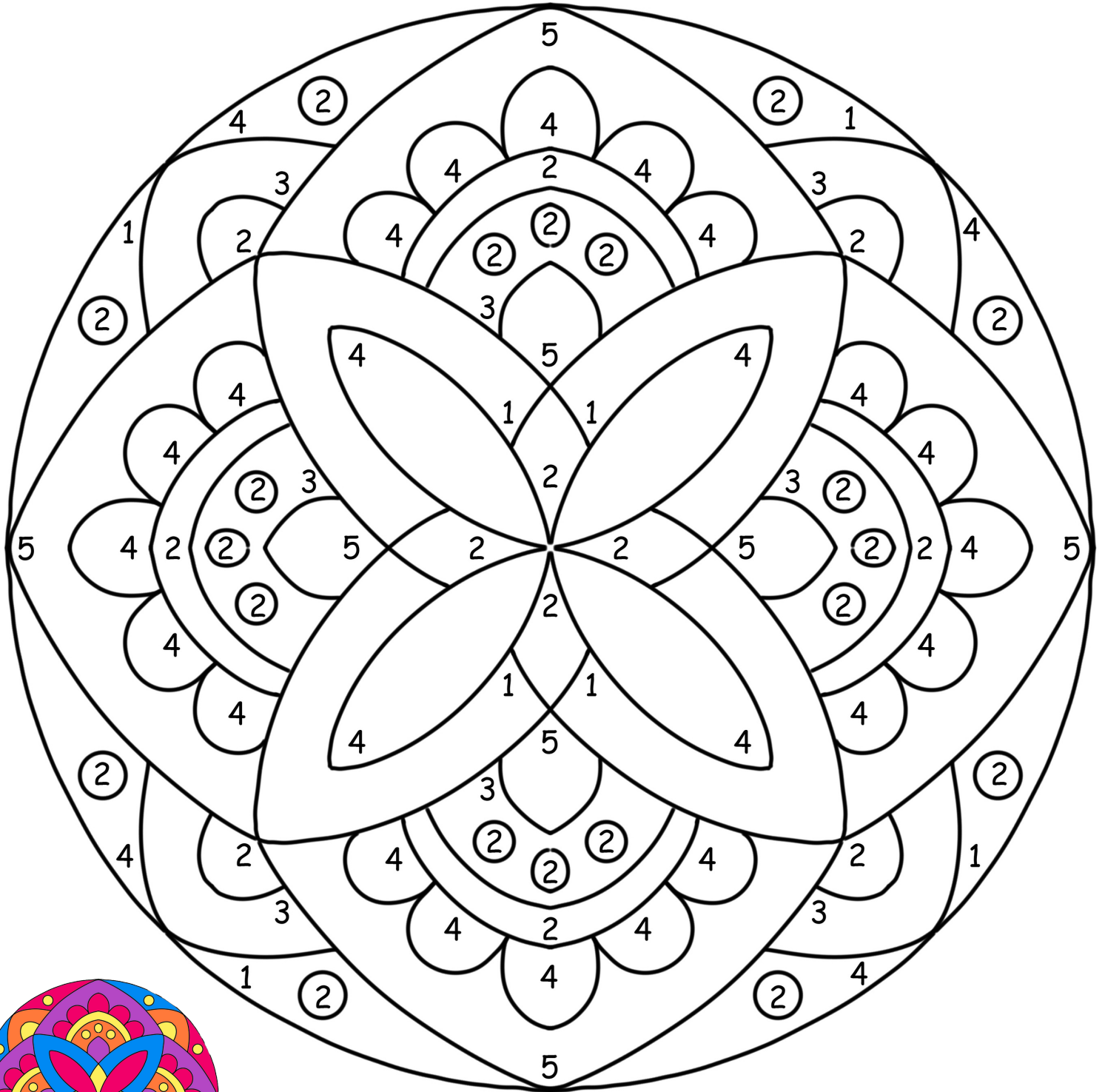
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MY GOOD DEEDS TODAY



Mindfulness

COLOUR BY NUMBERS



Ramadan DAY 19



SUHOOR TIME:.....



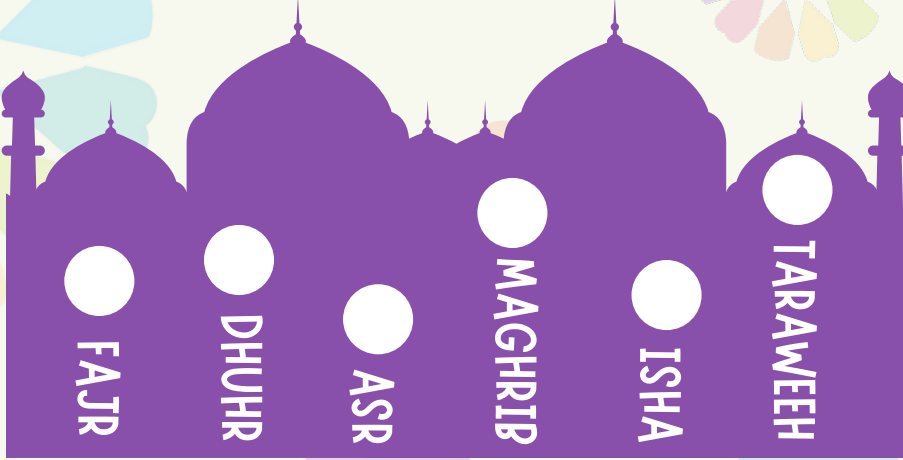
IFTAR TIME:.....



QUR'AN READING

I read Surah/Ayah:

PRAYER TRACKER



MY DHIKR

Today I did the following Dhikr

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MY GRATITUDE

Today I am grateful for:

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MY GOOD DEEDS TODAY



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Ramadan DAY 20



SUHOOR TIME:.....



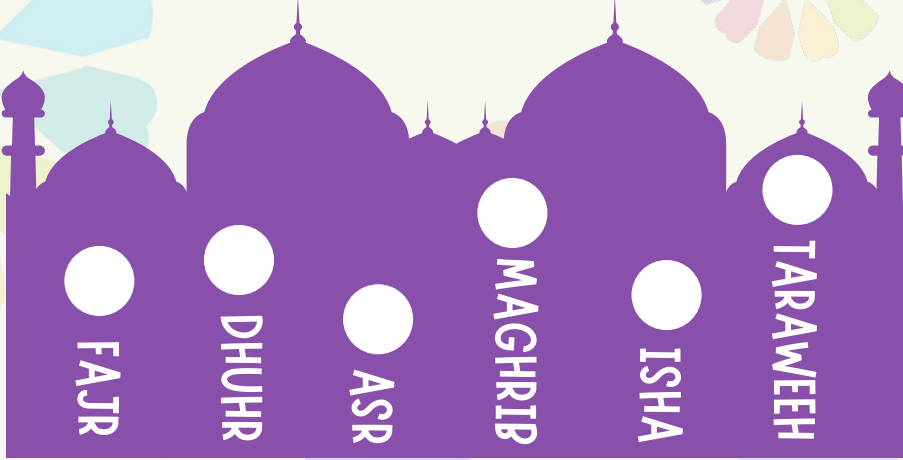
IFTAR TIME:.....



QUR'AN READING

I read Surah/Ayah:

PRAYER TRACKER



MY DHIKR

Today I did the following Dhikr

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MY GRATITUDE

Today I am grateful for:

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MY GOOD DEEDS TODAY



Ramadan DAY 21



SUHOOR TIME:.....



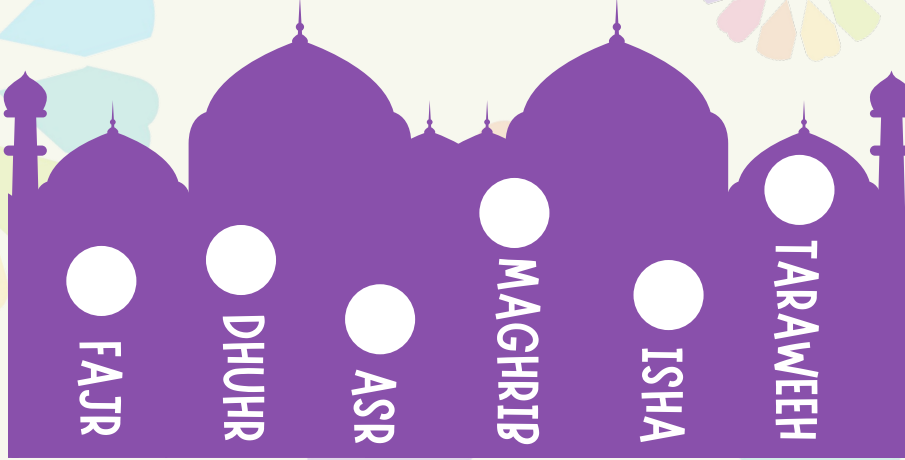
IFTAR TIME:.....



QUR'AN READING

I read Surah/Ayah:

PRAYER TRACKER



MY DHIKR

Today I did the following Dhikr

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MY GRATITUDE

Today I am grateful for:

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MY GOOD DEEDS TODAY



Mosque

COLOURING



Ramadan DAY 22



SUHOOR TIME:.....



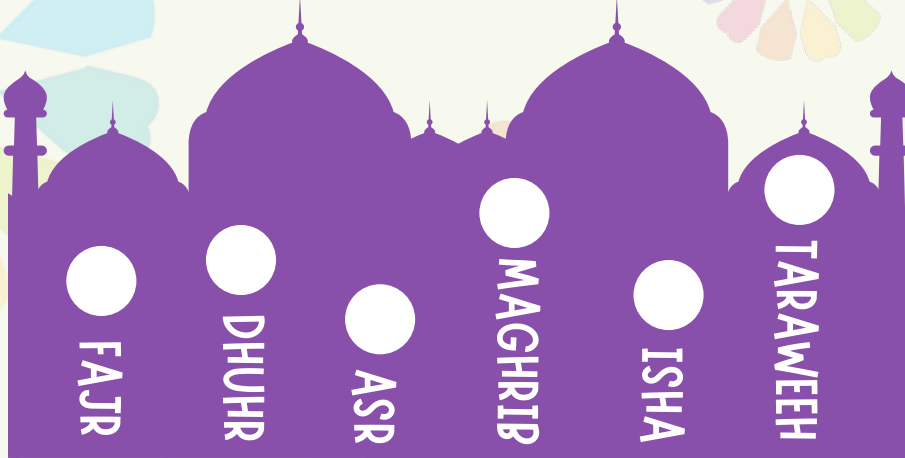
IFTAR TIME:.....



QUR'AN READING

I read Surah/Ayah:

PRAYER TRACKER



MY DHIKR

Today I did the following Dhikr

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MY GRATITUDE

Today I am grateful for:

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MY GOOD DEEDS TODAY



Ramadan DAY 23



SUHOOR TIME:.....



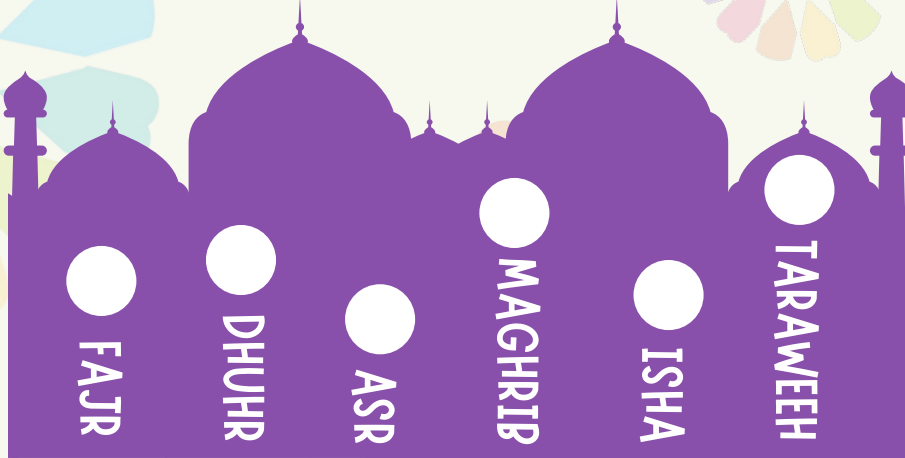
IFTAR TIME:.....



QUR'AN READING

I read Surah/Ayah:

PRAYER TRACKER



MY DHIKR

Today I did the following Dhikr

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MY GRATITUDE

Today I am grateful for:

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MY GOOD DEEDS TODAY



Ramadan DAY 24



SUHOOR TIME:.....



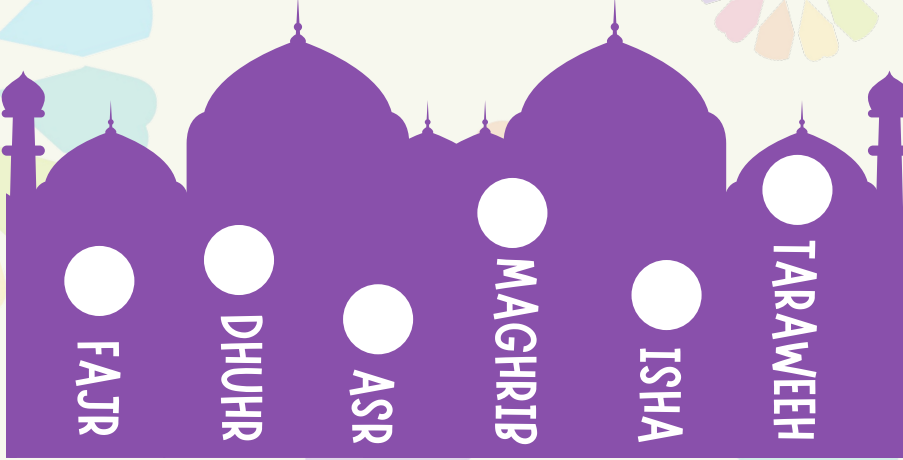
IFTAR TIME:.....



QUR'AN READING

I read Surah/Ayah:

PRAYER TRACKER



MY DHIKR

Today I did the following Dhikr

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MY GRATITUDE

Today I am grateful for:

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MY GOOD DEEDS TODAY



Creations of Allah

COLOURING



Ramadan DAY 25



SUHOOR TIME:.....



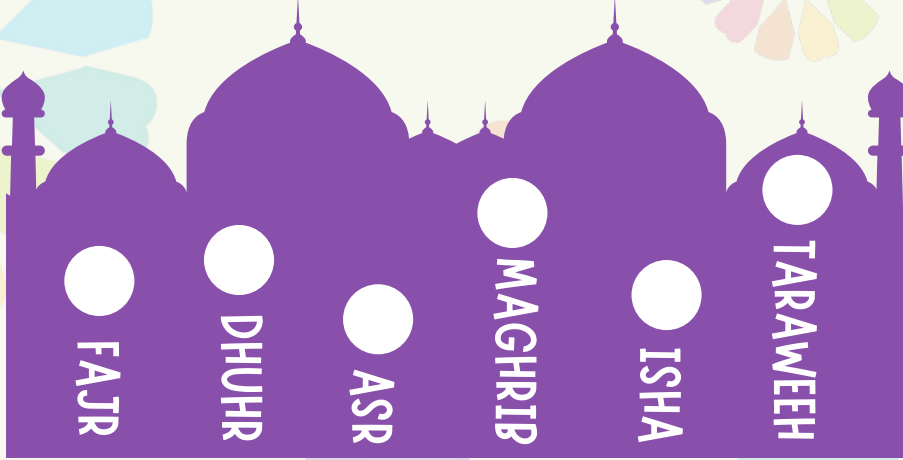
IFTAR TIME:.....



QUR'AN READING

I read Surah/Ayah:

PRAYER TRACKER



MY DHIKR

Today I did the following Dhikr

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MY GRATITUDE

Today I am grateful for:

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MY GOOD DEEDS TODAY



Ramadan DAY 26



SUHOOR TIME:.....



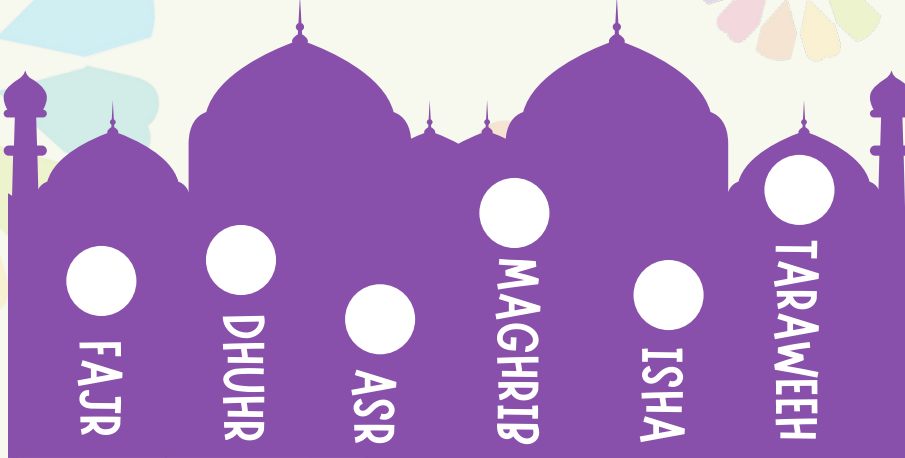
IFTAR TIME:.....



QUR'AN READING

I read Surah/Ayah:

PRAYER TRACKER



MY DHIKR

Today I did the following Dhikr

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MY GRATITUDE

Today I am grateful for:

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MY GOOD DEEDS TODAY



Ramadan DAY 27



SUHOOR TIME:.....



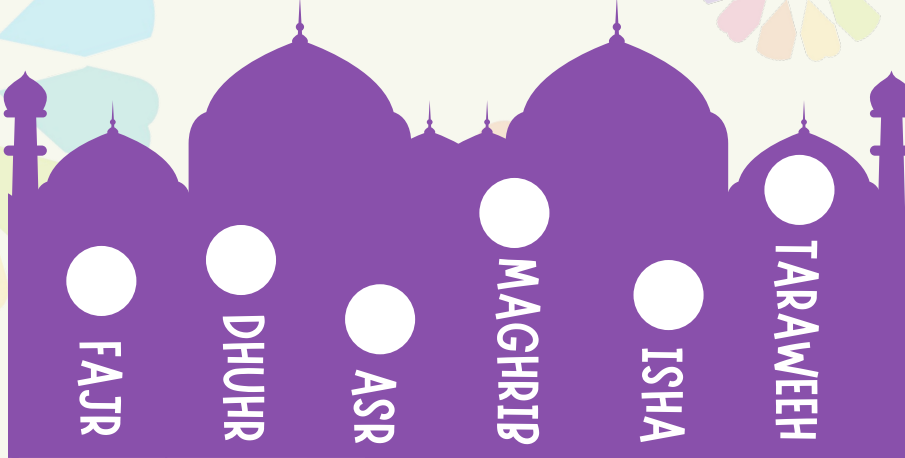
IFTAR TIME:.....



QUR'AN READING

I read Surah/Ayah:

PRAYER TRACKER



MY DHIKR

Today I did the following Dhikr

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MY GRATITUDE

Today I am grateful for:

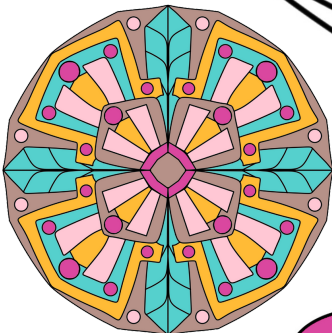
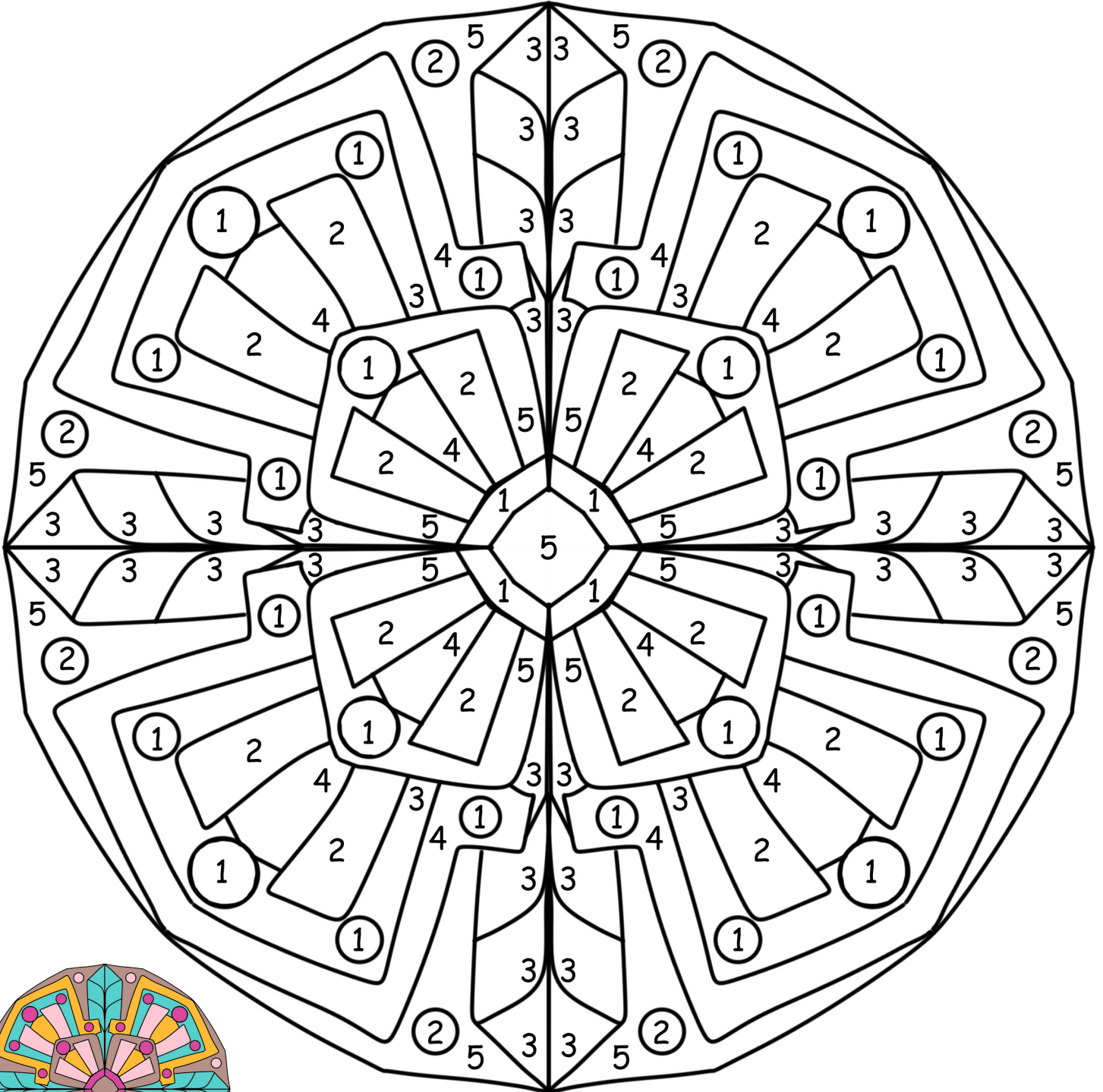
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MY GOOD DEEDS TODAY



Mindfulness

COLOUR BY NUMBERS



Ramadan DAY 28



SUHOOR TIME:.....



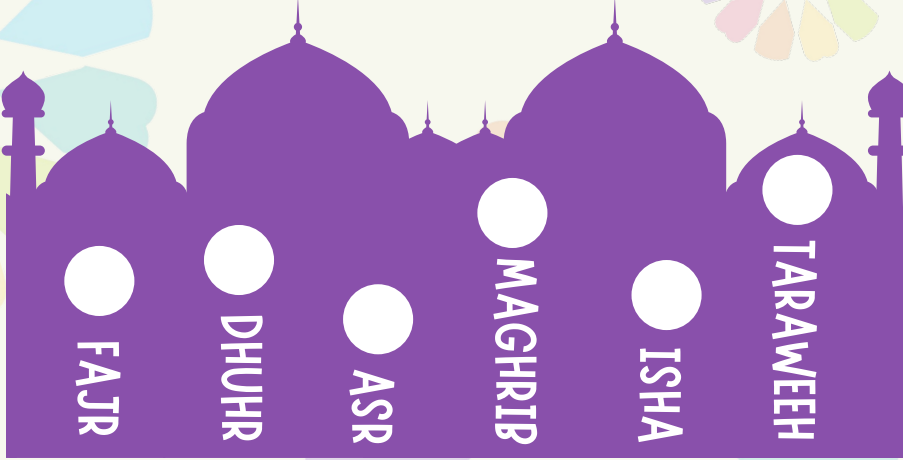
IFTAR TIME:.....



QUR'AN READING

I read Surah/Ayah:

PRAYER TRACKER



MY DHIKR

Today I did the following Dhikr

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MY GRATITUDE

Today I am grateful for:

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MY GOOD DEEDS TODAY



Ramadan DAY 29



SUHOOR TIME:.....



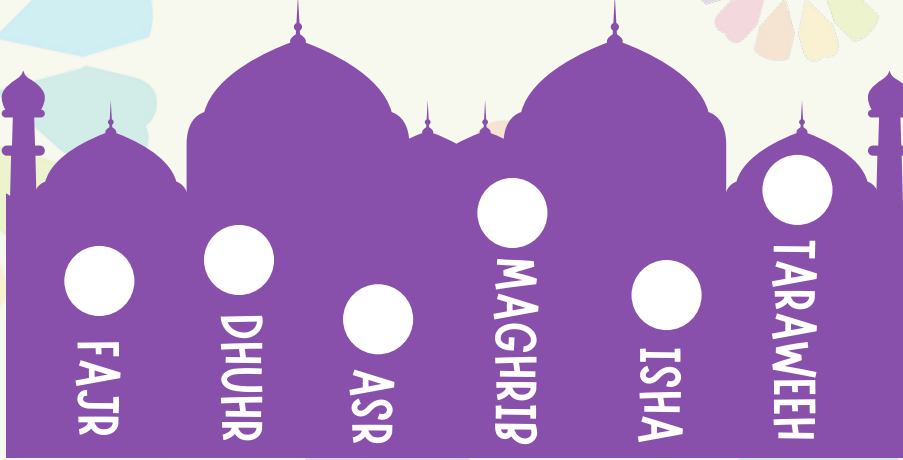
IFTAR TIME:.....



QUR'AN READING

I read Surah/Ayah:

PRAYER TRACKER



MY DHIKR

Today I did the following Dhikr

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MY GRATITUDE

Today I am grateful for:

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MY GOOD DEEDS TODAY



Ramadan DAY 30



SUHOOR TIME:.....



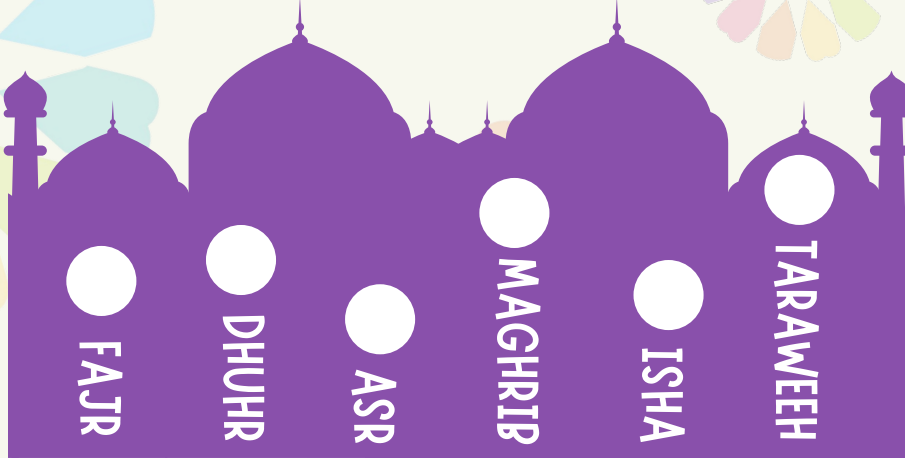
IFTAR TIME:.....



QUR'AN READING

I read Surah/Ayah:

PRAYER TRACKER



MY DHIKR

Today I did the following Dhikr

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MY GRATITUDE

Today I am grateful for:

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MY GOOD DEEDS TODAY



Eid
MUBARAK

